



# Brainstorm of Awesomeness

## EF Quiz #5

It's **always** important to look at the positive! So let's look at the good, great, and awesome things about you and your unique brain.

**Brainstorm for 2-5 minutes all about the good stuff:** What are some of my brain's strengths, talents, gifts, passions, interests, things that matter to me, that are meaningful, causes I care about, accomplishments, and things I'm proud of that nobody else notices, but that are important to me.  
Go brainstorm!